





# Health & Wellbeing

for life after cancer treatment



**Increased Warwick Edinburgh Mental Wellbeing Score**



**Increased confidence to discuss their health and wellbeing**



**Increased access to benefits**



**Increased uptake in exercise on referral**



**Enabled participants to make positive steps to improve their health and wellbeing**



Salford Royal NHS Foundation Trust  
University Teaching Trust

safe • clean • personal

# Cancer Health & Wellbeing Programme

Practical advice, information and support to help you move forward with your treatment

Contact us for more information  
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