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# A New Breast Aftercare Pathway

MCIP (Macmillan  
Cancer Improvement  
Partnership)

The Pennine Acute Hospitals   
NHS Trust



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Manchester University  
NHS Foundation Trust

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(formerly UHSM)

# The Recovery Package and Stratified Follow Up



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# Breast overview

## City of Manchester:

*300 new diagnoses per year*

## Across Greater Manchester:

*2012-2014- 6,828 diagnosed*

## Nationally:

1 in 8 women  
60,000 people per year

8 out of 10 people survive  
breast cancer for at least 5  
years

# Case for Change

- Personalised care
- Sustainability
- Capacity
- Recurrences are identified by patients
- Variation
- National Cancer Survivorship Initiative (NCSI, 2013), NICE and National Cancer Strategy (2011)
- Quality
- Wellness model
- Delay in seeking help

# MCIP Collaboration

## How did it work?

- NCSI
- Macmillan Investment in Manchester
- Manchester postcode
- 2 main breast care services in Manchester:
  - Pennine Acute Hospitals NHS Trust- approximately 400 new cancer diagnoses per year (<25% with a Manchester postcode)
  - University Hospital South Manchester – approximately 900 new cancer diagnoses per year (25% with a Manchester postcode)

# Existing model

- Recurrences
- Anxiety
- Long delays waiting to be seen
- 10 minute appointment
- Concerns and unmet needs
- Quality of life
- No HNA, Care Plan or Treatment Summary
- Limited Healthy lifestyle advice



# New model

***“Self-management might include an individual engaging in activities which protect and promote their health and wellbeing...as well as monitoring the impact of the condition on functioning, emotions and relationships.” DOH***

- Risk Stratification
- Separate mammography/investigations
- Nurse led
- Macmillan Aftercare Coordinator
- HNA
- Care Plan
- Treatment Summary
- Health and Wellbeing Events
- Rapid re-access
- Concurrent pre and post rehabilitation project



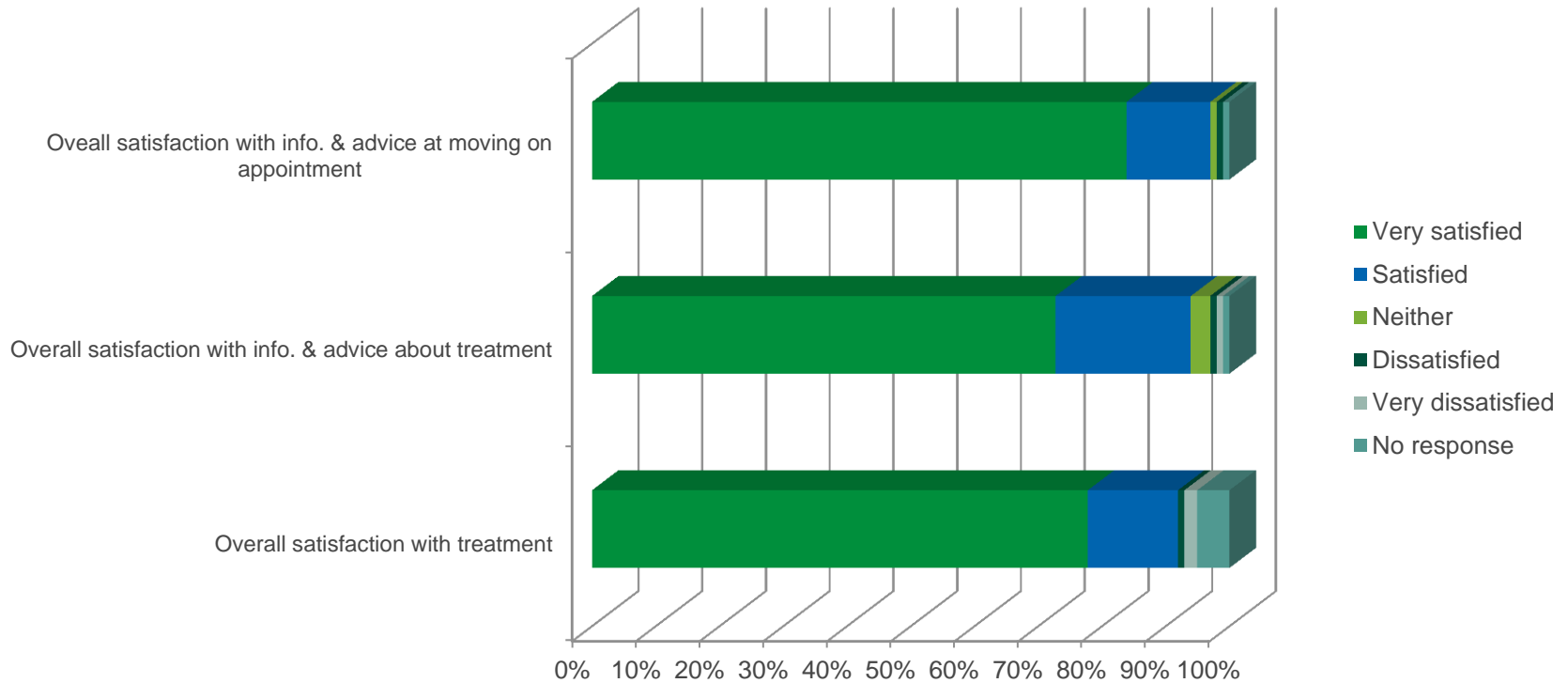
# People Affected by Cancer



- ❖ Co-production
- ❖ Engagement
- ❖ Support
- ❖ Steering group
- ❖ Focus Groups
- ❖ Information
- ❖ Conferences
- ❖ Evaluation

# 6 month evaluation: Overall Satisfaction

Questionnaire 1 feedback: overall satisfaction  
(99 patient responses)



# Successes and Challenges



## More...

- IT support systems
- Health and Wellbeing Events
- Ethnic Minorities
- Manchester only!
- GM Cancer Plan



# Next steps

- Health and Wellbeing
- Continued coproduction
- IT
- Business Case
- Roll Out
- Celebrate success and share good practice!
- GM Cancer
- eHNA



# Acknowledgements:

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Manchester Health & Care  
Commissioning

A partnership between  
Manchester City Council  
and NHS Manchester CCG



Manchester  
Clinical Commissioning Group



**Thank you**

**“I have been amazed and grateful for all the care I have received. The service and treatment and care have been outstanding. Fantastic”.**