

# Teenage & Young Adult (TYA) Pathway Board

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## Introduction / Background

England has led the way in Teenage and Young Cancer Care for many years and the services in Manchester and the North West have sat at the heart of the TYA Cancer Network. The need for well structured regional TYA cancer services was recognised in the 2005 NICE guidance: Improving Outcomes in Children and

Young People with Cancer. The Principal Treatment Centre is based at The Christie Hospital in Manchester, supported by a comprehensive network of designated and non-designated hospitals and a broad multi-disciplinary team (MDT) of specialist professionals.

## Scope / Work Plan

The TYA Pathway Board is a vibrant Board that is made up of representation from 10 multi regional Hospital Trusts, The Young Voices Network, TYA professionals, GM Cancer and is tasked with ensuring that young people (16-24) across Greater Manchester, Cheshire, Lancashire and South Cumbria access age appropriate care and the best possible treatment pathways. The current work plan is comprehensive and includes: Recovery Package Implementation including age appropriate holistic needs assessment, fertility and mental health audits, employment of a TYA psychologist, embedding new TYA Clinical Standards, delivery of education event and support of Gateway C education tool.

Key work plan achievements include an audit of 62 day performance for TYA's, strengthening of links with Children's Pathway Board and completion of a Gateway-C module.

### REPRESENTATION FROM 10 MULTI REGIONAL HOSPITAL TRUSTS



ACROSS GREATER MANCHESTER, CHESHIRE, LANCASHIRE & SOUTH CUMBRIA



## Patient Pathway

Over the last 8 years the numbers of young people being supported by the TYA team has gone from 110 through MDT in 2010 to 209 in 2017. This large increase in work load has been supported by increases in the MDT and now means that all new diagnoses, irrespective of where they receive their cancer treatment, will have access to age specialist support in the form of a specialist nurse key worker, a youth support coordinator, social worker, TYA physiotherapist and TYA occupational therapist, as well as the support of their site specific teams and hospital staff.

All young people are met at the earliest possible point in their pathway and are supported through to the point of living with and beyond cancer or end of life. The team ensure holistic, coordinated support for the patient and their family / loved ones, liaising with primary, secondary and tertiary services. The individualised support includes home visits, one to one support, peer support events, body image support, remembrance events for young people and for families, music and art therapy sessions, health and well being event, holistic assessment, family support sessions, to name just a few of the activities.



EXTRA 99 PATIENTS SUPPORTED  
/ DISCUSSED AT TYA MDT

PATIENTS WILL HAVE  
ACCESS TO AGE  
SPECIALIST SUPPORT:

KEY WORKER - YOUTH SUPPORT COORDINATOR,  
SOCIAL WORKER - TYA PHYSIOTHERAPIST,  
TYA OCCUPATIONAL THERAPIST



## References

1. NICE. 2005. Improving Outcomes in Children and Young People with Cancer.
2. GM Cancer. 2017. Achieving world-class outcomes: Taking charge in Greater Manchester 2017-2021.