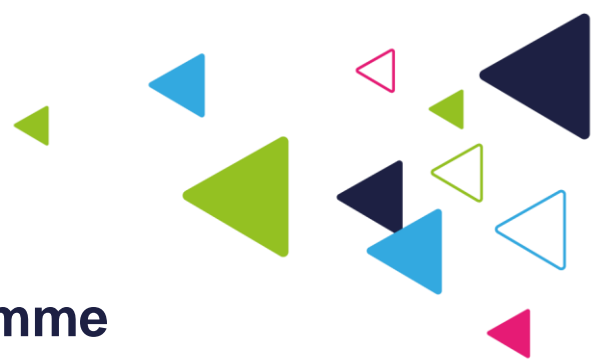




# Important changes for patients on the Prehab4Cancer programme



12.03.20

As a precautionary measure, the Prehab4Cancer programme is making important changes in response to the current Coronavirus (COVID-19) outbreak. Please read the information below carefully.

**New patients that have been recently referred to the programme will be contacted via telephone for a personalised consultation and on-going support.**

## **Patients on the Prehab4Cancer programme in the 'prehab' (before surgery) phase:**

- **Face to face** sessions at your leisure centre have been **temporarily suspended** and you should **not** access your local leisure centre until further notice.
- You will receive regular phone call support from your P4C Specialist instructor
- You will also receive exercise information and equipment in the post or via e-mail
- We encourage you to continue with your prescribed exercise at home or outdoors (in line with national advice on self-isolation).

## **Patients on the Prehab4Cancer programme in the 'rehab' (after surgery) phase:**

- **Face to face** sessions at your leisure centre have been **temporarily suspended** and you should **not** access your local leisure centre until further notice.
- You will receive regular phone call support from your P4C Specialist Instructor

**The information above is temporary and you will be notified should this change.**

**If you have any questions, please contact the P4C team on 0161 778 0557 or [prehab.4cancer@nhs.net](mailto:prehab.4cancer@nhs.net) or speak to your specialist instructor.**

